



INSATS December – February (NR.8) ENGLISH SUMMARY



Picture from an action during the activist seminar in Stockholm, November this year.
Ceasefire now.

Foto: Amnesty International

CALENDAR

- January 26 The notice of the annual meeting goes out
- January 28: Last day for nomination
- February 1: Deadline to receive support in writing motions from the preparation committee.
- February 9: Motion stopp
- March 8 : International Women's Rights Day
- May 4-5: Annual Meeting

LAST INSATS

It is time for the last Insats. This issue will be the last issue of the year and the last Insats ever to be published. Of course, new communication methods will be introduced next year! Keep an eye out in your mailbox! In addition, the Activistportal will have a completely new form and function, read more about it in this issue. Happy reading!

TIME TO REPORT 2023!

Soon 2023 will be over and it is time to summarise the past year and report on the activities that have been carried out.

Every year, all groups and districts within Amnesty must report their activities and finances. The reporting is done so that we can compile everything that has been done during the year, to show the collective power locally and regionally within the organisation. It is also an opportunity for your group or district to summarise all the year's activities and results, which can then be used to evaluate what worked and what didn't. The data also allows us to plan and implement even better activities in 2024 and to support you in the work ahead.

Reporting is done [via this form](#), which **all groups must complete by February 14**. A **financial report** must also be written for 2023. Districts must write both an activity

report and a financial report. You will receive instructions on what applies to your group or district via email no later than 20 December. **The last date for all reporting is February 14.**

Please contact your activist coordinator if you have any questions or concerns!

GREETINGS FROM THE ACTIVIST COORDINATORS,

Mohammed Ryback, mohammed.ryback@amnesty.se

Nathalie Parra-Jakupovic, nathalie.parra-jakupovic@amnesty.se

Ellinor Chamoun, ellinor.chamoun@amnesty.se

Karin Ledin da Rosa, Karin.darosa@amnesty.se

Agneta Khan, agneta.khan@amnesty.se

DEMONSTRATIONS:

WHAT TO THINK ABOUT REGARDING ISRAEL AND PALESTINE



Light manifestation

Foto: Amnesty International Nepal

There have been many inquiries about what activities or actions activists around the country can have regarding Israel and Palestine and what it looks like with participation in various demonstrations that are not under Amnesty's auspices. The procedures that apply in this matter are to contact your activist coordinator and send information about who is the organiser and what the focus of the demonstration or manifestation is based on. It is important to identify who the sender is, that it is in line with our values and that the message is about ceasefire and civilians affected by the war. We encourage engagement and solidarity actions in the form of candlelight vigils and torchlight processions. If you are not sure, just ask your question to the secretariat and we will help you!

Nathalie Parra Jakupovic, nathalie.parra-jakupovic@amnesty.se

SAVE THE DATE FOR THE ANNUAL MEETING

Amnesty Sweden's biggest Amnesty weekend: the Annual Meeting will be held on **May 4-5** next year. We will hold the annual meeting physically as in previous years as it is important for us as a movement to be able to meet, discuss, mingle and have a nice together. Information about the invitation and registration for the annual meeting will appear in your email inbox no later than **26 January 2024**. Read the entire notice as there is important information in it such as important dates, registration deadlines and so on.

If you have any questions about the annual meeting, have ideas that could make the annual meeting better, suggestions for exciting speakers or any other input, feel free to contact me!

Maja Leijon Johnston, maja.leijon-johnston@amnesty.se

REJECTION OR APPROVAL?

LEARN HOW TO WRITE MOTIONS WITH THE PREPERATION COMMITTEE



Amnesty is a changing organisation, and we need to keep up with the changing world. To do this, it is important that members are willing and able to make their voices heard throughout the fiscal year, not just at the annual meeting. It should also be easy to make your voice heard. This is why the Preparation Committee has been created. Our mission is to support members who have ideas or suggestions, without being a filter or a brake. We want to help members with ideas!

We can help formulate your idea in text and ensure that it reaches the right recipient, whether it is the annual meeting, the board, the Amnesty Fund or one of our employees at the secretariat. We have expertise in several important areas, including how Amnesty is organised and association life in general. We have knowledge of the Swedish language and are used to formulating formal texts.

We aim to encourage your ideas and help you turn them into action by organising two digital training sessions in January. We will start with an introductory training on **January 18 at 19:00** and then we will delve into another training on **January 21 at 11:00**. We will talk about internal influence, democratic processes and how to write a motion that has the potential to be voted through at the annual meeting in May. We want to emphasise that the Preparation Committee is also open for lectures and exchange of ideas with individual groups, districts and networks.

You can register for the courses by scanning the QR code in the picture or by clicking on the link [HERE: Influencing in Amnesty registration](#)

All motions for the annual meeting go through the Preparation Committee, where we make an initial preparation in close cooperation with the mover. This year's deadline

for submitting motions to the annual meeting is **tentatively 9 February**. For the Preparation Committee to be able to have a good and beneficial dialogue with the mover, **the deadline for submitting to us is 1 February 1**. Our deadline is necessary for the Board and the Annual General Meeting to have well prepared motions to consider. [You can read more about it here!](#)

You are welcome to contact us at bk@amnesty.se

Preparatory Committee

Anders, Frida, Lovisa, and Josefine

DO YOU WANT TO LEAD AMNESTY INTO THE FUTURE?

As an elected representative within Amnesty Sweden, you work voluntarily, on the trust of its members, to lead and develop the world's largest human rights organisation.

We take a clear stand for anti-racism and work to amplify the voices of others and become an unstoppable human rights movement, in Sweden and globally. We are looking for people with different backgrounds and therefore previous experience of elected positions is not a requirement.

WE ARE LOOKING FOR CANDIDATES FOR:

Section Board and President

The Section Board works strategically and leads the organisation between annual meetings. The Board ensures that internal control is good and that activities are carried out in accordance with the organisation's vision, commitment and fundamental values. The Chairperson leads the work of the Board, represents the section in the international movement and has regular contact with the Secretary General.

We are looking for people for the section board and for the position of chairperson with competence in, among other things, operational management, financial management, employer issues, human rights, international law, equality and intersectionality, fundraising and experience of member democracy and organisation in Amnesty or other popular movements/grassroots organisations.

Board of the Amnesty Fund

The Amnesty Fund provides assistance to human rights defenders and support for organisations that document human rights violations of human rights. The Board of the Amnesty Fund is responsible for the Fund's finances and that the activities are carried out in accordance with the Fund's statutes and other governing documents.

We are looking for people to join the Amnesty Foundation's board with expertise in human rights and international law, law, leadership, financial management, communication, and equality.

Scrutiny Committee

The remit of the scrutiny committee is to scrutinise the section's work, administration and decisions, which requires a good ability to evaluate objectives and results from an overall perspective.

We are looking for people with expertise in reviewing and evaluating organisations, equality and intersectionality, economics and law.

Preparation Committee

The preparation committee works, among other things, to plan and lead planning and leading workshops in the preparation of motions, as well as receiving proposals from members and supporting members in formulating motions for the annual meeting.

We are looking for people with experience in preparing motions and democratic processes, knowledge of Amnesty's decision-making processes in the Swedish and international movement, expertise in equality and intersectionality.

WANT TO KNOW MORE OR APPLY?

**Please visit amnesty.se/candidate or
contact valberedningen@amnesty.se**

CONTACT PERSONS AT THE SECRETARIAT

In 2024, more people will support the member organisation from the Secretariat as a new engagement department is formed! Read more about who does what below. If you are unsure of who to contact or if your contact person is free, you can always email engagemang@amnesty.se which is our common email address.

STOCKHOLM

Banar Sabet takes over as the new Head of Department on January 29. Banar comes most recently from Studieförbundet Vuxenskolan. Before that, Banar worked as a diversity strategist and has a long background as an activist and elected representative. During January, Secretary General Anna Johansson is acting Head of Department.

Agneta Khan works as a youth activism developer and is the contact person for all youth groups. Agneta also supports the Youth Council and the Student Council.

Ellinor Chamoun works as a business developer and is the contact person for you in Stockholm, Uppsala, Mälardalen, Gotland, Östergötland/Södra Sörmland, Örebro and Gästrikland/Dalarna. Ellinor also coordinates activism in the area of refugees and migration.

Maja Leijon Johnston is working as project manager for the annual meeting until the end of June.

Contact:

Banar Sabet, banar.sabet@amnesty.se

Agneta Khan

072-971 26 17, agneta.khan@amnesty.se

Ellinor Chamoun

08-7290299, ellinor.chamoun@amnesty.se

Maja Leijon Johnston, maja.leijon-johnston@amnesty.se

GOTHENBURG

Mohammed Ryback works as a business developer and is the contact person for you in Gothenburg, Värmland/Dalsland, Norra Älvsborg/Bohuslän, Skaraborg, Västerbotten, Södra Norrland and Norrbotten.

Karin Ledin da Rosa is from 1 January business developer Individuals at Risk (IAR). In addition to supporting activism within IAR, she will also coordinate activism within women's rights and LGBTQ+ rights.

Contact:

Mohammed Ryback

070-914 46 81, mohammed.ryback@amnesty.se

Karin da Rosa

070-987 04 65, karin.darosa@amnesty.se

MALMÖ

Marianne Gyllenpistol will work as project manager for the introduction of local associations in 2024. She is still responsible for the operating grants. A replacement for her will be recruited. The substitute will be responsible for coordinating activism in the areas of freedom of expression, assembly and association as well as Sami rights and climate justice.

Nathalie Parra Jakupovic works as a business developer. Nathalie is the contact person for Malmö, Lund, Halland, Jönköping, Kalmar-Kronoberg, Blekinge and the rest of Skåne.

Contact:

Marianne Gyllenpistol

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Nathalie Parra Jakupovic

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Finally, I also want to tell you that I am leaving Amnesty at the end of the year and want to thank you for me and for all the years I have worked with you in the member organisation in various ways.

Ida Wistbacka, ida.wistbacka@amnesty.se

WRITE FOR RIGHTS – CAMPAIGN END



Youth group 62 from Örebro is campaigning at their school.

Foto: Amnesty International



Group 162 campaigns in Karlstad for Write for Rights.
Foto: Amnesty International

Our global campaign for Ahmed Mansoor, Uncle Paul and Uncle Pabai, Justyna Wydrzyńska and Myang Sawyeddollah has ended for this year. In Sweden, we have so far collected over 21 000 signatures for the individuals we have worked for and with. This is without counting all your signatures!

In addition to the 36 partner schools that work with Write for Freedom every year, 41 groups throughout Sweden, from Umeå in the north to Malmö in the south, have also taken action between November and December. Amnesty activists have been seen on streets and squares, schools, universities, libraries, Christmas signs, second-hand shops, markets, shopping centres and open houses at our offices.

Now it's time for the groups who took action in the campaign to send all the signed postcards, petition lists, solidarity letters and more to us at the Secretariat. If you have sent them directly yourself, please write to me and let me know so that I can include them in my reporting. **All material must be sent to us by 15 January.** Information on where to send everything can be found on the activist portal.



Student group in Gothenburg. Foto: Amnesty

International

If you have any questions or comments about this year's Write for Freedom, feel free to contact me. Also feel free to fill in the evaluation that will be sent to all groups that acted within the campaign!

Karin Ledin da Rosa, karin.darosa@amnesty.se

NEW ACTIVIST PORTAL

During the autumn semester, we have been working on the feasibility study for the new activist portal. A big thank you to each of you who contributed with your valuable input and participated in the feasibility study. Your idea, your participation in the in-depth interviews and your commitment have been the basis for the design and structure of the future portal.

Let's take the next step forward! I am happy to announce that I am taking over as project manager of the Activist Portal. We are ready to start building the new portal in the spring term.

What can you expect? Well, a brand-new website is taking shape, complete with a fresh layout and design. It will offer an improved structure and menu, making it easier to navigate, find what you need and much more.

For questions about the upcoming activist portal or if you are interested in participating in our surveys to provide your feedback, please contact me.

Mohammed Ryback, mohammed.ryback@amnesty.se

AMNESTY'S DESIGN GROUP IS BACK!

The design team consists of volunteer activists who work or study graphic, motion and digital design on a daily basis. The team is aware of Amnesty's graphic profile and acts as a design agency for Amnesty groups when they need help. The team has expertise in different areas and can help produce several types of materials: digital and/or printed posters, flyers, billboards, exhibition materials, social media campaigns, a short, animated film, editing of filmed material, or anything else groups want help with. If you or your group have an idea or thought and want to take it one step further, the design group is there to help you.

Contact ellinor.chamoun@amnesty.se if you need help or have any questions about design!

THE WINNERS OF THE ACTIVIST AWARDS

I'm sure many of you have been wondering how the activist award ceremony went! The winners were announced during the activist seminar on November 11-12. The prizes awarded were the Grand Creativity Prize, the Grand Activity Prize and finally the Grand Commitment Prize, which had two winners. Thank you for all the nominations, there were many and the jury had a hard time choosing the winners. Drumroll... The winners are presented here.

THE GRAND PRIZE FOR CREATIVITY

... this prize is awarded to organisers who have highlighted creative ideas to spread within the movement, to spread strong and innovative activism. The award was given to the **Turkey Group 06 in Stockholm** for their initiative and planning as well as organising various events and activities on Amnesty's priority MR issue: the trial process between 2017-2023 against "ISTANBUL 10". They have, among other things, organised seminars, letter writing, visited the Turkish embassy, carried out several actions such as demonstrations and protests.

Congratulations to the Turkey Group 06!



Representatives from the Turkey group 06 is receiving grand prize for creativity. Tanvir from the board and Taha from youth group 69 in Malmö is presenting the awards. Nishani is in the corner with the awards.

Foto: Amnesty International

Some words from the group secretary Zarathustra Acat. *"We are not only experts on Turkey, Iran, Iraq and Syria. We follow developments in the region and analyse the situation. We focus more on one goal: democracy, women's and minority rights in the region. To achieve this goal, we lead traditional campaigns and events, but at the same time we develop and use new methods and ideas about campaigning, influencing, lobbying and events, etc. Thank you very much."*

THE GRAND ACTIVITY AWARD

... is awarded to the best activity within one of the section's prioritised human rights issues. Impact, engagement and dissemination are what a good activity focuses on! In this category, **Alexandra Rojas Nordqvist** was awarded the prize for her commitment to the rights of LGBTI+ people and for her influence in the Pride movement as she founded "Establish Love" to start up Pride parades in new cities! Alexandra is also nominated for being a great inspiration and for spreading an important message.

Congratulations to Alexandra!



The winner Alexandra receives the award for grand activity, Tanvir from the board and Taha from youth group 69 in Malmö is presenting the awards. Nishani is in the corner with the awards.

Foto: Amnesty International

Here are some words from Alexandra: *"When I started in Amnesty, I didn't think I would start something like Establish Love, but I dreamed about it. Now when I look back at the different contexts I have been involved in, I understand how it happened. Thank you to everyone I have met in Amnesty who believes in human rights. Thank you for making each other stronger!"*

GREAT COMMITMENT AWARD

...the award goes to a person or persons who have put their heart, time and soul into Amnesty. The award is a lifetime award. In this category we have winners from two groups sharing the podium! We have **Britta Broberg from Group 160 in Lund** for her valuable contribution to Amnesty's work over 51 years, which has been characterised by initiative, ingenuity and a rare ability to express herself in letters and letters to the editor. She has good ideas and is aware of what is happening in the world around us.

Finally, we have **group 169, which runs Halmstad's second-hand shop Byring & Bråte**, with the justification that some 40 volunteers, mostly pensioners, have been raising money for Amnesty since 1971 by collecting and selling second-hand goods.

The activities have raised millions for the organisation and spread knowledge and goodwill for Amnesty in Halland and the surrounding area. They also disseminate information about ongoing actions and collect signatures on sale days.



Three representatives from group 169 are receiving their award for Great commitment Tanvir from the board and Taha from youth group 69 in Malmö is presenting the awards. Nishani is in the corner with the awards.

Foto: Amnesty International

Congratulations to Britta Broberg and Group 169!

A few words from Britta, *"We have constantly been given more and more to do and as an organisation we have taken on more and more responsibility. It is important not to get tired and think that someone else will take care of that, but to try to think of an individual Uighur in the re-education camp or an individual teenager in the West Bank, whose conditions I might be able to change. Then (maybe) the energy will be enough to fight for human rights for over 50 years. Thank you for the award!"*

A few words from Byring & Bråte, group 169: *"Firstly, many thanks to the committee that chose to award the Amnesty's Great Commitment Award to us. Byring & Bråte has become an institution, not to mention a tourist attraction after 50 years of second-hand business. The prize has been widely recognised by Hallandsposten and SVT-Halland. Lots of customers have congratulated us in various ways and highlighted Amnesty's work for Human Rights."*

Nishani Holm, clara-nishani.holm@amnesty.se

THE BOARD OF DIRECTORS INFORMS

"What? Was he one of the people in the pictures?"

One of the young activists dropped his jaw when I told him about the man who is now taking the stage.

"Yes, he was part of the Write for Freedom campaign in 2021, when he was prosecuted, and today he lives in freedom in Sweden."

We are sitting in an auditorium at Globala Gymnasiet, and this is the last session of the November Activist Seminar. The autumn leaves have already covered the asphalt outside in yellow and red piles.

Michael Imoleayo stands with a microphone on stage, with the yellow Amnesty logo behind him on the projection screen. Michael was part of the #endSARS movement in Nigeria, and took part in several demonstrations in October 2020. SARS had a long history of abuse, torture and murder of citizens. Thanks to the protests, the Nigerian government abolished SARS. But one day, armed men came to the home of Michael and his family. It was the military who took him in without explaining why. He was detained in an underground cell with 20 other people for 41 days. Michael was allowed to leave the cell when his trial began. He was charged with "criminal conspiracy with others to disturb public order".

The Write for Freedom campaign began, collecting thousands of letters and online signatures. It brought global attention to his case. "Now they can't kill me. The world is watching me. They can imprison me, but at least I will be able to live," says Michael.

Today he lives in Sweden, and he tells us on stage at the Activist Seminar that the letters mean a lot to him. When Michael steps off the stage, many people want to ask him questions, and a circle forms. It's great to see him in real life. A person to whom we wrote letters is here to tell his story. This is why the 'Write for Freedom'

campaign is so important. Because we are giving support to someone who needs it. And because it draws attention to an injustice that affects many people.

A very small act that has a big impact. It can only be done if there are many of us.

Tanvir Mansur, member of the section board.

SPRING CAMPAIGN

2024 starts with the Fundraising Department launching a spring campaign on the same theme as last year "For all women, always". You may also have noticed that we had a message that read "Women are always right" with various women's rights activists on promotional material. Even if you didn't see the campaign at the time, the theme of Amnesty and the period fit very well. We can also weave in days like International Women's Day on 8 March and Mother's Day, which are also days we celebrate.

As spring approaches summer, we will also, together with other departments, highlight the EU elections and the important work that the organisation is doing for the upcoming elections in June.

For questions, please email afrodite.mauricci@amnesty.se

GLOBAL ABORTION RIGHTS CAMPAIGN FOCUS FOR MARCH 8



Abortion rights demonstration in the Netherlands May 2022.

Foto: Amnesty Netherlands

On the occasion of March 8, Amnesty will once again draw attention to abortion rights. It is clear that this issue needs to continue to be highlighted. The report "An unstoppable movement: A global call to recognise and protect those who defend the right to abortion" was released on 24 November. [Click here to access the report!](#) It highlights how those who defend the right to abortion, including activists, advocates, educators, clinic escorts, chaperones, doulas and health professionals, are under attack around the world. They face stigmatisation, physical and verbal attacks, harassment and threats, and are criminalised through unfair prosecutions, investigations and arrests. Despite hostility and lack of recognition, they continue their work and help countless women, girls and all people who can get pregnant to access their right to abortion. They are a truly unstoppable movement. If you also want to be part of this movement, keep an eye out for your information and get ready to stand up for abortion rights on 8 March!

Keep an eye out for more information and registration early next year.

Karin Ledin da Rosa, karin.darosa@amnesty.se

DISPLAY BOARD

Justyna Wydrzyńska visits Stockholm in October.



Light manifestation in

Lund for Israel – Palestine in November 28.

Regional youth meeting in Stockholm this autumn.



Activist seminar in November.

Activists during a values workshop during the

EDITOR

My name is **Nishani**, and I have been the editor of *Insats* this year from august to december. My time here at Amnesty coming to an end. Thank you for my time here and thank you to all those who have read.

Contact me at: clara-nishani.holm@amnesty.se

